

**Claims:**

1. A therapeutic beauty mask comprising
  - (a) a mask body,
  - (b) means for attaching and securing the body to cover at least a  
5 portion of a person's face,
  - (c) a plurality of pressure points extending from an undersurface of the mask body, said pressure points being adapted or adjustable to coincide with known acupressure points of the human face.
2. A mask as claimed in claim 1 wherein the mask covers eye and nose  
10 regions of the person's face.
3. A mask as claimed in claim 1 wherein the mask body is moulded.
4. A mask according to claim 1 wherein the pressure points include a hemispherical or curved outer surface to contact the face when the mask is in position.
5. A mask as claimed in claim 4 wherein the mask body is provided with  
15 a plurality of groups of apertures, each group located in the mask at a location corresponding to local acupressure areas of the face, such that when in position, the groups of apertures in the mask overlie local acupressure areas of the face.
6. A mask as claimed in claim 5 wherein the pressure points include a mounting portion extending from the rear of the hemispherical or curved outer surface  
20 to facilitate mounting of the knobs on the mask
7. A mask as claimed in claim 1 wherein the body is moulded in a resilient material.
8. A mask according to claim 1 wherein the pressure points are removably attachable to the mask.
- 25 9. A mask as claimed in claim 1 wherein the body is moulded with eye apertures and has a shaped nose portion.
10. A mask as claimed in any one of claims 1 to 5 wherein the pressure points are in clusters coinciding with selected positions on the forehead and cheek bones of the human face.